

Connect

- 'Be Nice to someone New' campaign to promote connecting
- Have a Buddy Stop / Playground Buddies / Playground Pals
- Have a reading shed and Lego table in the playground
- Implement a 'Worry Box' system in each classroom which the School Councilors/Wellbeing Ambassadors check on a weekly basis

Keep Learning

- Teacher reward and acknowledge when students are using 5 Ways at the end of term letters already sent)
- Encourage students to learn a new skill in their own time and to send in photos of them doing so (Twitter) #stedwards5ways

Be Active

- Sports Leaders leading active play during playtime such as: basketball, football, hula-hooping, skipping etc
- Happiness walks by the Wellbeing Ambassadors
- Create a gardening club

Take Notice

- Put a range of prompt questions up around school to encourage children and adults to take notice of others' emotions such as: can you find someone who needs a helping hand today?
- A room to go to where you can calm down and work through tough emotions / distress

Give

- Charity events
- Monthly thank you notes to students and teachers

Promoting whole school wellbeing

- Wellbeing Ambassadors being part of the School Council
- Put posters around the school, with inspirational quotes and positive affirmations.
- Create an infographic that can be shared with staff, students